Reading together is magical!

When you and your child read together and talk about the book, the child's language develops whilst you are having a fun and cosy time together.

Here are seven suggestions for how you could read with your child.

Bokstart (Bookstart) is a national initiative aimed at parents and adults who spend time close to young children (ages 0–3). The aim is to stimulate language development at an early age.
bokstart.se

Bokstart

Material from the Swedish Arts Council for promoting reading

1 Reading = cosy

Turn off the TV, the phone and the computer. Huddle up together. Now it's reading time!

2 Talk about the book

Talking together is at least as important as the reading itself. Language grows as children and adults interact with one another.

3 Let the child's interest direct you

It is good to let the child's interest direct the reading. If there is a certain picture that interests the child, stop and talk about it.

4 Tell the story in your own words

Point to the pictures and tell the story based on the child's own interests and experiences. Use your own mother tongue. This will help the child's language skills to develop more.

5 Ask questions

Engage the child by asking questions. It is good to use questions that cannot be answered with a yes or no. This will allow the child to use more words in its reply, which helps language skills to develop.

6 Read with feeling and have fun

Show that books are fun. Your child will then also think the same. It is good to use voices and gestures to illustrate the content of the book.

7 Choose books together

It is good to sometimes choose books together. The child can choose one book, and you can choose one. It is fun to choose, both for children and adults!



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